

Camden Art Centre
Arkwright Road
London NW3

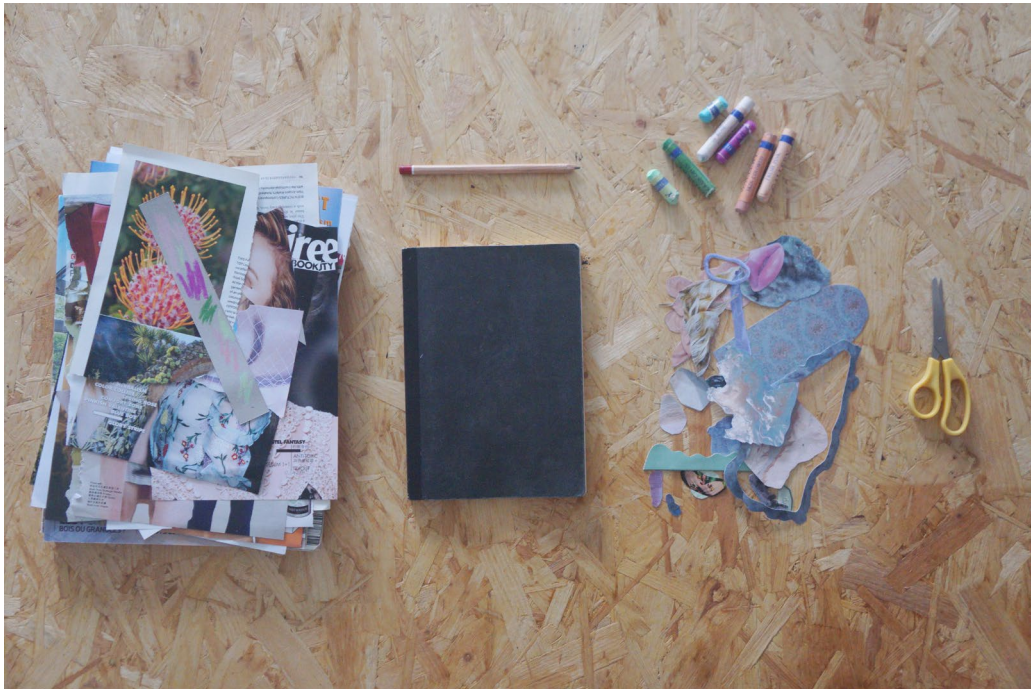
Family Art Club
A Family Journal of Dreams
by artist Renata Minolo

Make a compendium
of your dreams in a
shared journal.

Suggested materials:

An empty notebook or blank paper and pegs
pen
crayons or pencils
old or unwanted magazines
flyers from the post
scissors
glue

Make sure you have the help of an adult while taking part.



1. First, decorate the cover and back cover of your book. It can have a name, ie. ' A family Journal of dreams', and a collective drawing or a collage.

2. If you can't find a blank notebook at home you can make one out of paper sheets and pegs or staples

3. Every morning during breakfast or during your daily walk tell each other what you've dreamt about and record them in your journal. Sometimes dreams are very visual, so as well as writing about them you can try drawing them as well, or even acting them out!

4. This is a durational activity and as the days would pass by, your family journal of dreams will grow and evolve. **Make it special!**

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We would love to see and share what
you have created.

Please share your work on Facebook,
Twitter, or Instagram using the hashtag
#Camdenfamilyartclub and tag
@camdenartcentre.