

Camden Art Centre
Arkwright Road
London NW3

Family Art Club
Make an amulet by artist
Renata Minolo

An amulet is an object that you carry with you or keep in a special place and it has magic abilities, like protecting you from bad dreams or sending love and happiness to someone. Think about the magic you'd like to add to it while making the amulet. This is called setting an intention.

Suggested materials:

Flowers and leaves from your garden, local park or home (if you kept them, you can use the leaves and flowers from Activity 2: Sensorial Expedition)

cotton thread or yarn

scissors

Make sure you have the help of an adult while taking part.



1. Gather flowers and leaves and arrange them as you wish in a long bundle
2. Cut three pieces of thread, and tie your bundle in the middle and each end first
3. Then cut some more thread and wrap around and tie. You can leave a long piece of string on and hang it somewhere to display it or give it to someone you love.

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We would love to see and share what
you have created.

Please share your work on Facebook,
Twitter, or Instagram using the hashtag
#Camdenfamilyartclub and tag
@camdenartcentre.