

These films can be interpreted as you wish, seen as a springboard for a range of activities...
but if you would like further guidance see below

HAT ON
HEAD
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Balancing hat,
balancing act,
sculptural head

Can you place an item on your head? One at a time or pile them high?

Could you walk with your balancing hat on your head?

Can you make up a song about things on your head?

Can you jump / hop / skip / twist with them on your head?

Swap item over and start again

Ideas for balancing hats

Orange peel
screwed up paper
Cushion
Box
Pillow
TV remote
tin foil
Banana
DVD
Apple

