

Camden Art Centre Arkwright Road London NW3

Youth Collective Online

Participation Guidelines and Support

Youth Collective Online (YCO) platforms are safe spaces for everyone to express themselves freely and creatively. YCO is a space to connect, to socialise with other creative people and to share your artworks, ideas and experiences.

With this in mind there are a few guidelines to sharing this online space with each other. By registering your interest, we expect everyone in our YCO community to follow the behaviours set out in this guidance, if you do not meet the above expectations you may be asked to leave.

Please note that the Discord platform is monitored regularly by a member of the CAC Learning Team, along with being present in all sessions should you need to speak to us.

You can contact us at learning@camdenartcentre.org

Guidance and expectations

- Do not share your personal information via online platforms e.g. phone number, email address or private social media accounts unless you feel you know that person well enough to do so.
- Any inappropriate, disrespectful, or potentially harmful behaviours or language will not be tolerated.
- Report any bad behaviour, bullying or harassment to a member of CAC staff.
- If someone makes you feel uncomfortable you can block this person and we can remove them from the cohort if they are breaching the guidelines. Always report this, and speak to someone about it for support.
- **If you feel something isn't right**, please speak out and contact a member of CAC staff involved in the session.

In sessions:

- Ensure that the **space you are in doesn't reveal any personal / sensitive information and your background is clear of any inappropriate material** (i.e. inappropriate posters)
- Conversations and comments need to focus on the content of the session and not divert away from this.
- **Respect each other and everyone's opinions** – appreciate everyone has differences.
- **Listen and allow people to speak, don't talk over others.**
- If there are a lot of participants in the session, we may ask everyone to mute unless you are speaking.
- You are free to leave the session at any point but you must join the sessions on time.

Signposting for support

If you are struggling with your mental health, wellbeing or if you feel unsafe for any reason please ask for help. There are people and organisations that are trained to listen and support you.

Here are some resources that can support you should you need them:

[The Mix](#): Essential support for under 25's.

[Childline](#): Free and confidential help for young people in the UK.

[Young Minds](#): Tips, advice and guidance on where you can get support for your mental health during the coronavirus (COVID-19) pandemic.